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Gravitational waves from superheavy dark matter

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“Dark matter as a portal to new physics”
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Asian Pacific Center for Theoretical Physics.

Based on work with Joseph Bramante, Ningqiang Song, and Simran
Nerval

([arxiv:2008.12306](https://arxiv.org/abs/2008.12306))

Overview

- 1. Introduction & Challenges for Superheavy dark matter (SHDM).**
- 2. Relic Abundance for SHDM.**
- 3. Superheavy dark matter SHDM from Higgs Mechanism.**
- 4. Dark first order phase transitions & Gravitational Waves.**

Introduction

Can dark matter be a fundamental particle heavier than 10^{14} GeV?

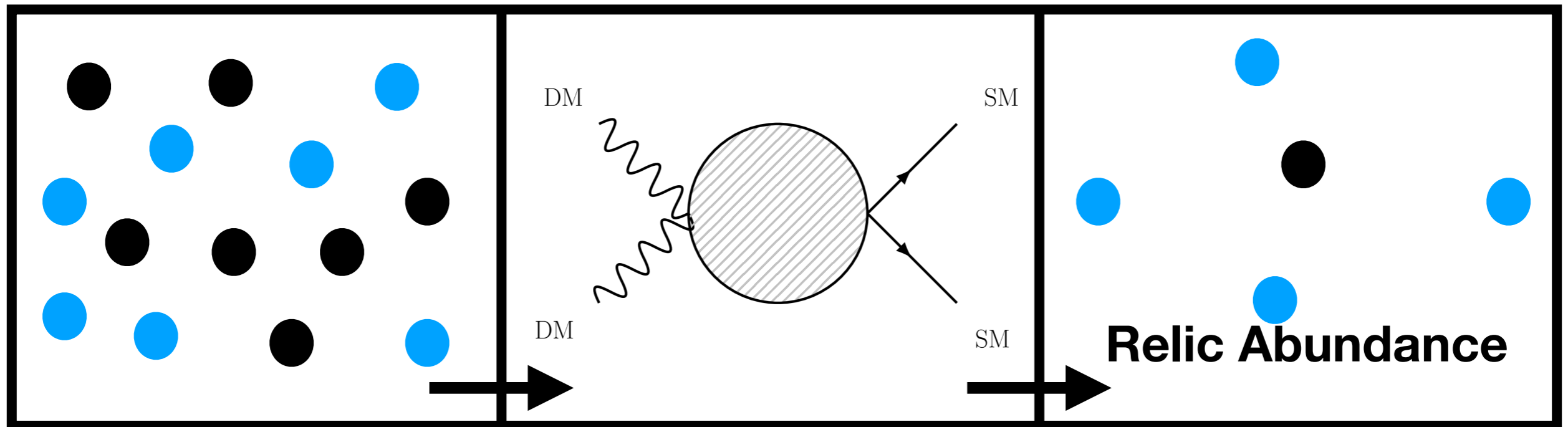
Challenges:

1) Relic abundance

2) Mechanism for generating masses $\gg 10^{14}$ GeV

Introduction: Relic Abundance

Freeze - Out: DM as a thermal relic



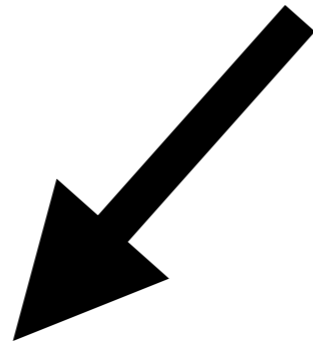
DM ●

SM ●

Introduction: Relic Abundance

Griest-Kamionkowski bound: Freeze-out DM cannot be heavier than $O(100)$ TeV. Not viable for SHDM

Alternative: Gravitational production at the end of inflation.



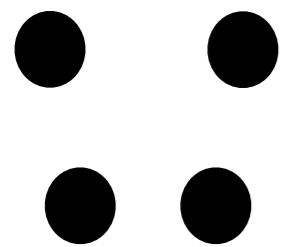
**Highly suppressed
for SHDM.**

Mass Boost

Mass Boost

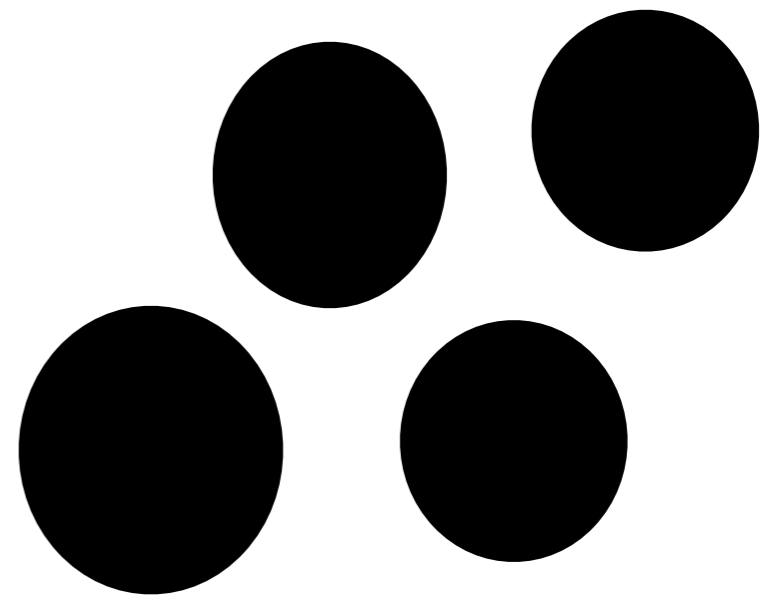
$$\mathcal{L}_{int} = g^2 \phi^2 A_\mu A^\mu + y \phi \bar{\chi} \chi - V(\phi)$$

Mass Boost



**Gravitational
Production of
low mass DM**

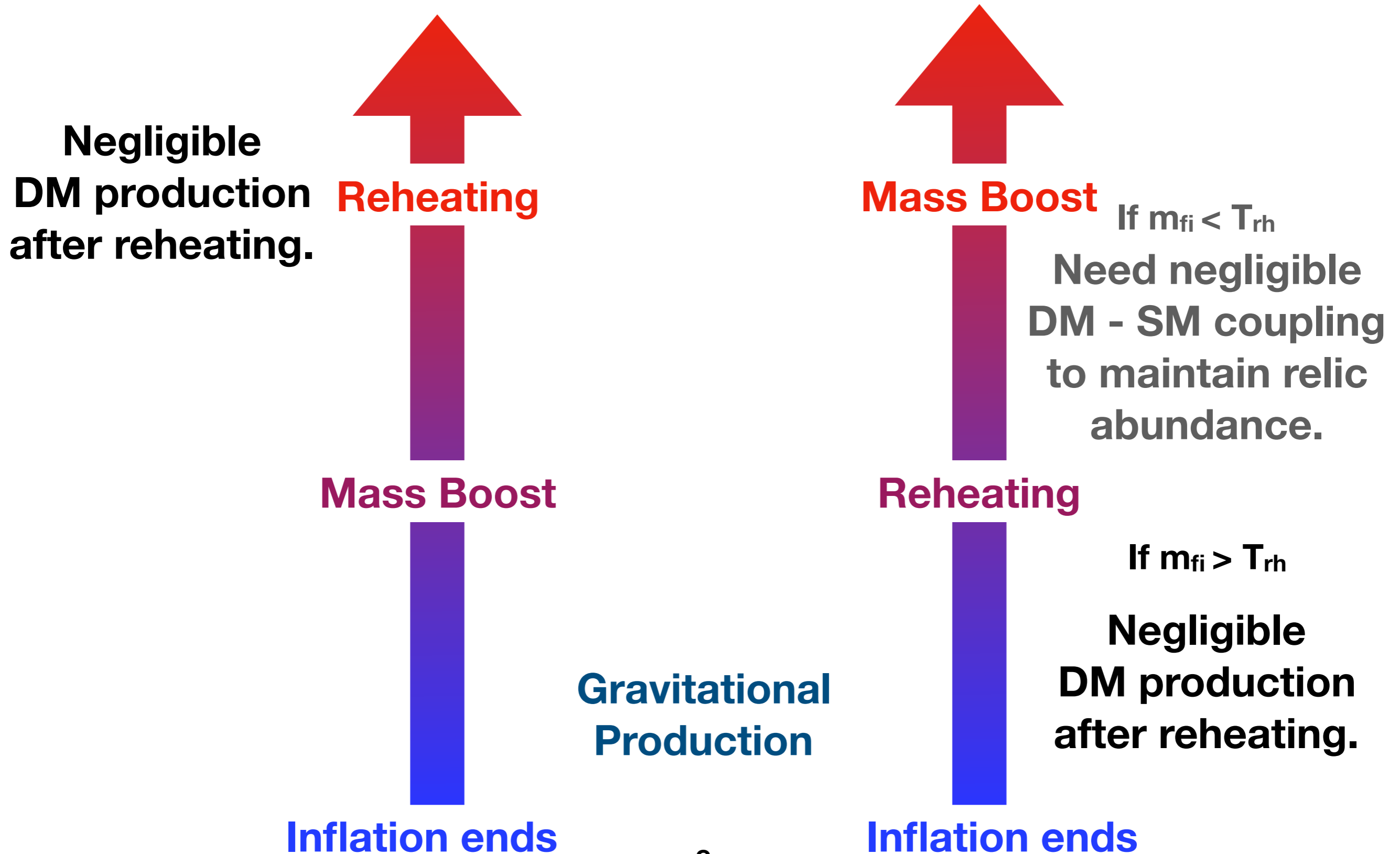
$$y \langle \phi \rangle \bar{\chi} \chi$$
$$g^2 \langle \phi^2 \rangle A_\mu A^\mu$$



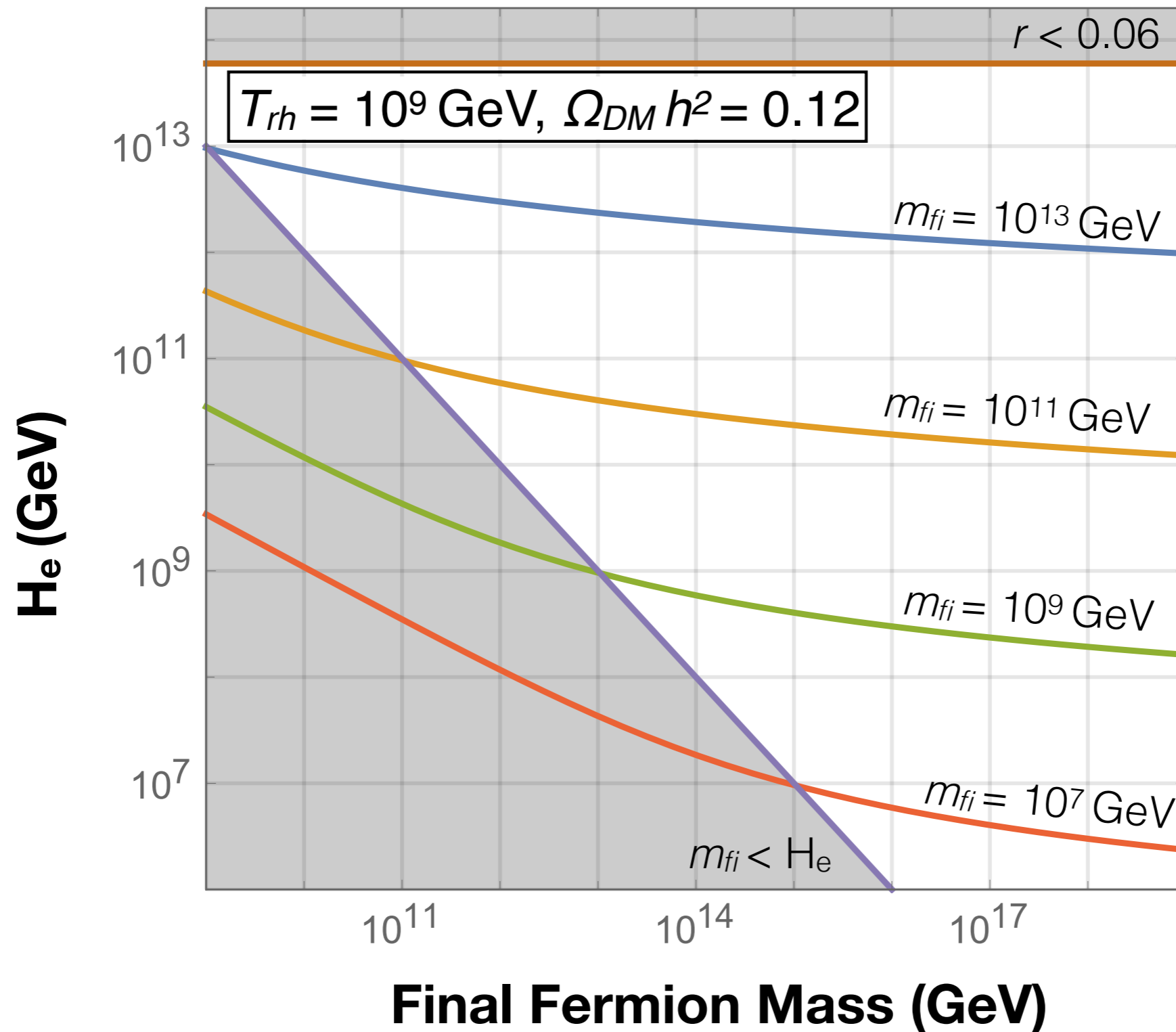
**Superheavy mass
from DM coupling to
 ϕ**

Mass Boost

Two Possibilities

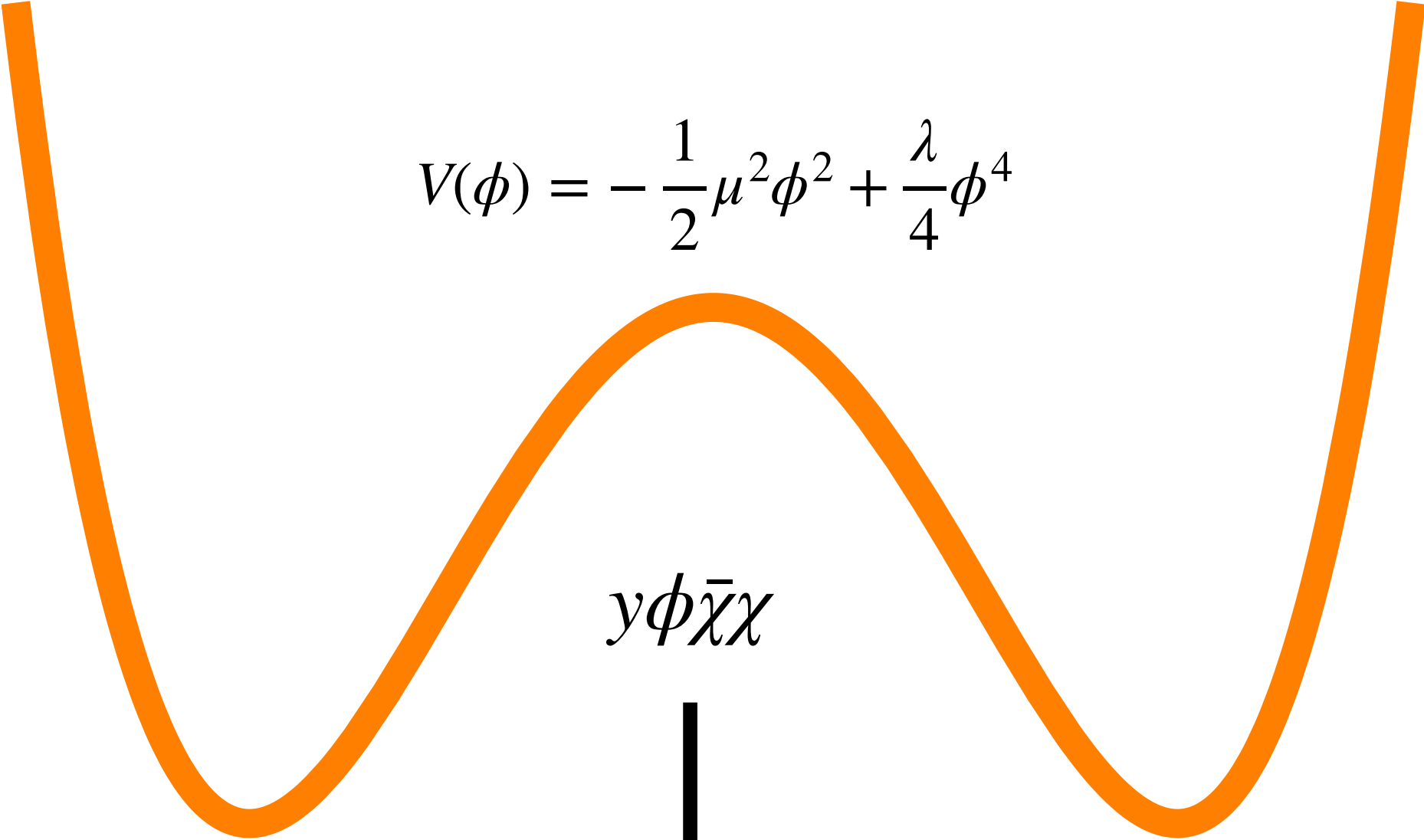


Mass Boost



SHDM from Large VEVs

SHDM from Higgs-like Mechanism


$$V(\phi) = -\frac{1}{2}\mu^2\phi^2 + \frac{\lambda}{4}\phi^4$$

$$y\phi\bar{\chi}\chi$$



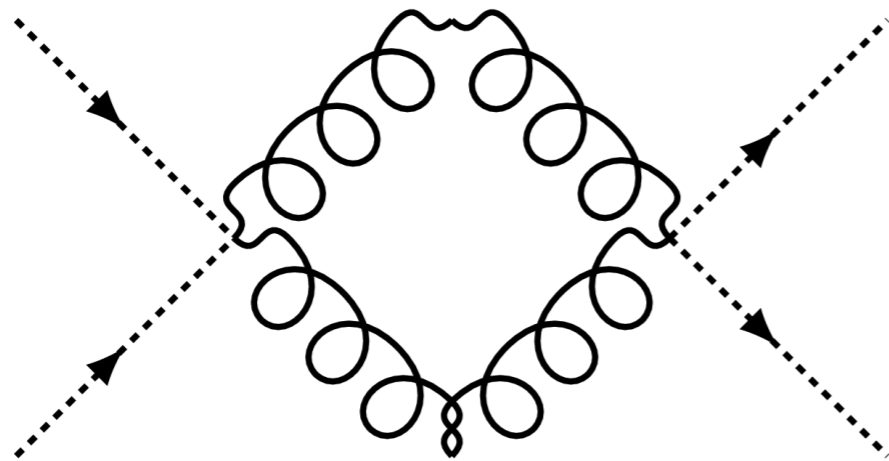
$$m_\chi = y \langle \phi \rangle$$

$$\langle \phi \rangle = \frac{\mu}{\sqrt{\lambda}}$$

Very small λ makes
 $\langle \phi \rangle$ large

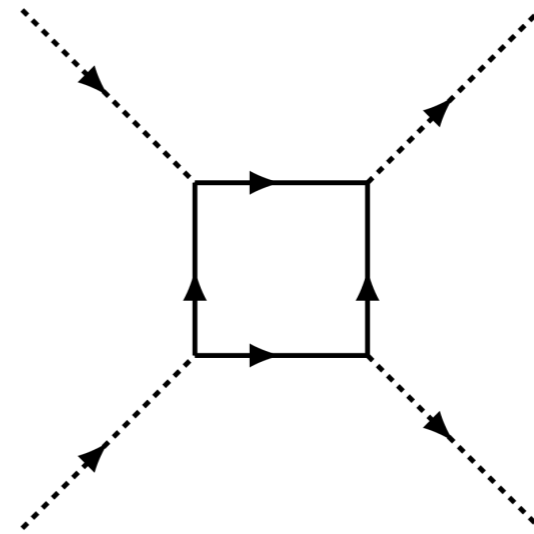
SHDM from Higgs-like Mechanism

λ not arbitrarily small. Receives loop corrections.



$$\sim g^4$$

—



$$\sim y^4$$

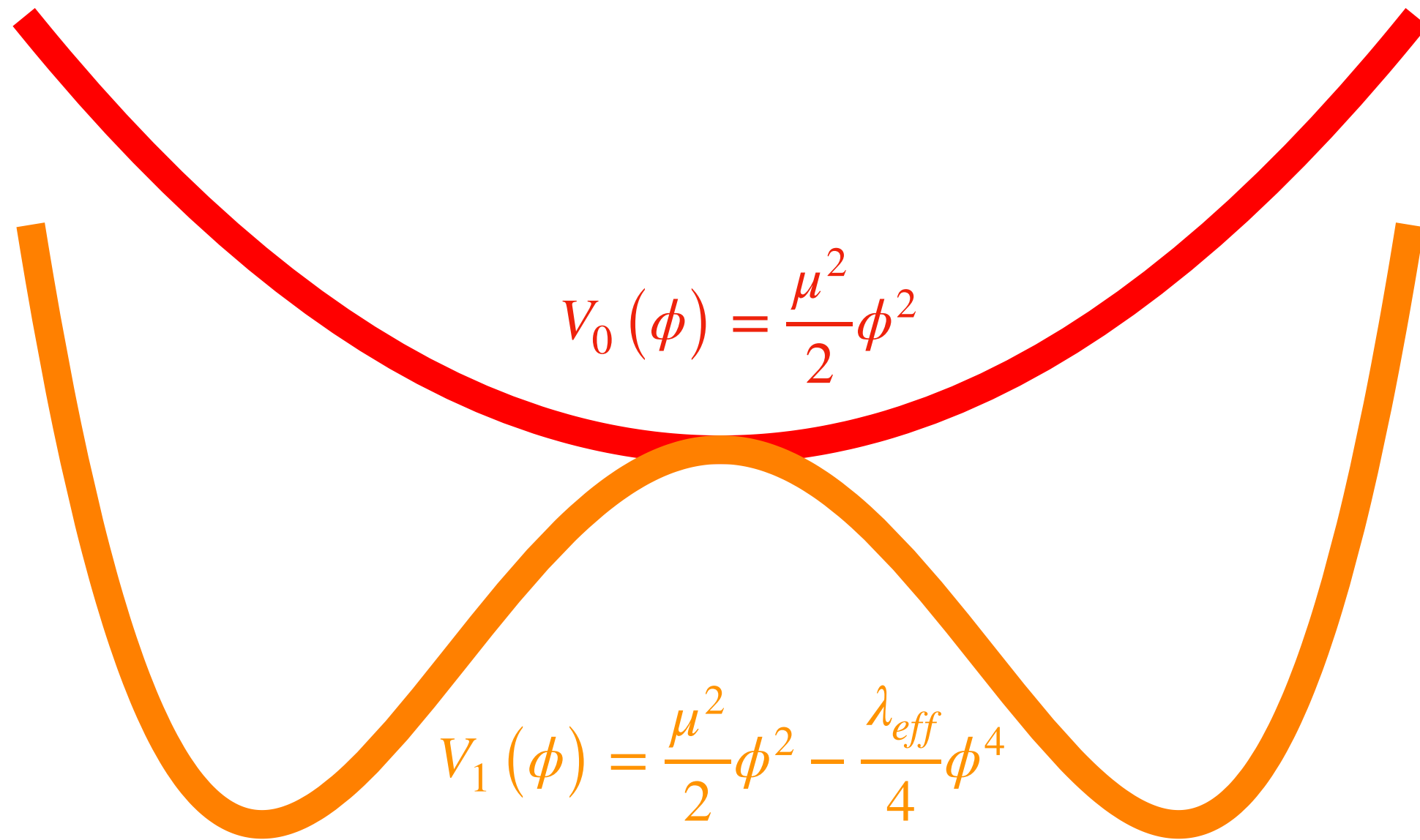
$$\lambda_{eff} \sim \frac{1}{16\pi^2} (4y^4 - 3g^4)$$

Small y, g

Avoid tuning between y and g .

SHDM from Higgs-like Mechanism

$$\mathcal{L}_{int} = g^2 \phi^2 A_\mu A^\mu + y \phi \bar{\chi} \chi + \frac{\mu^2}{2} \phi^2$$

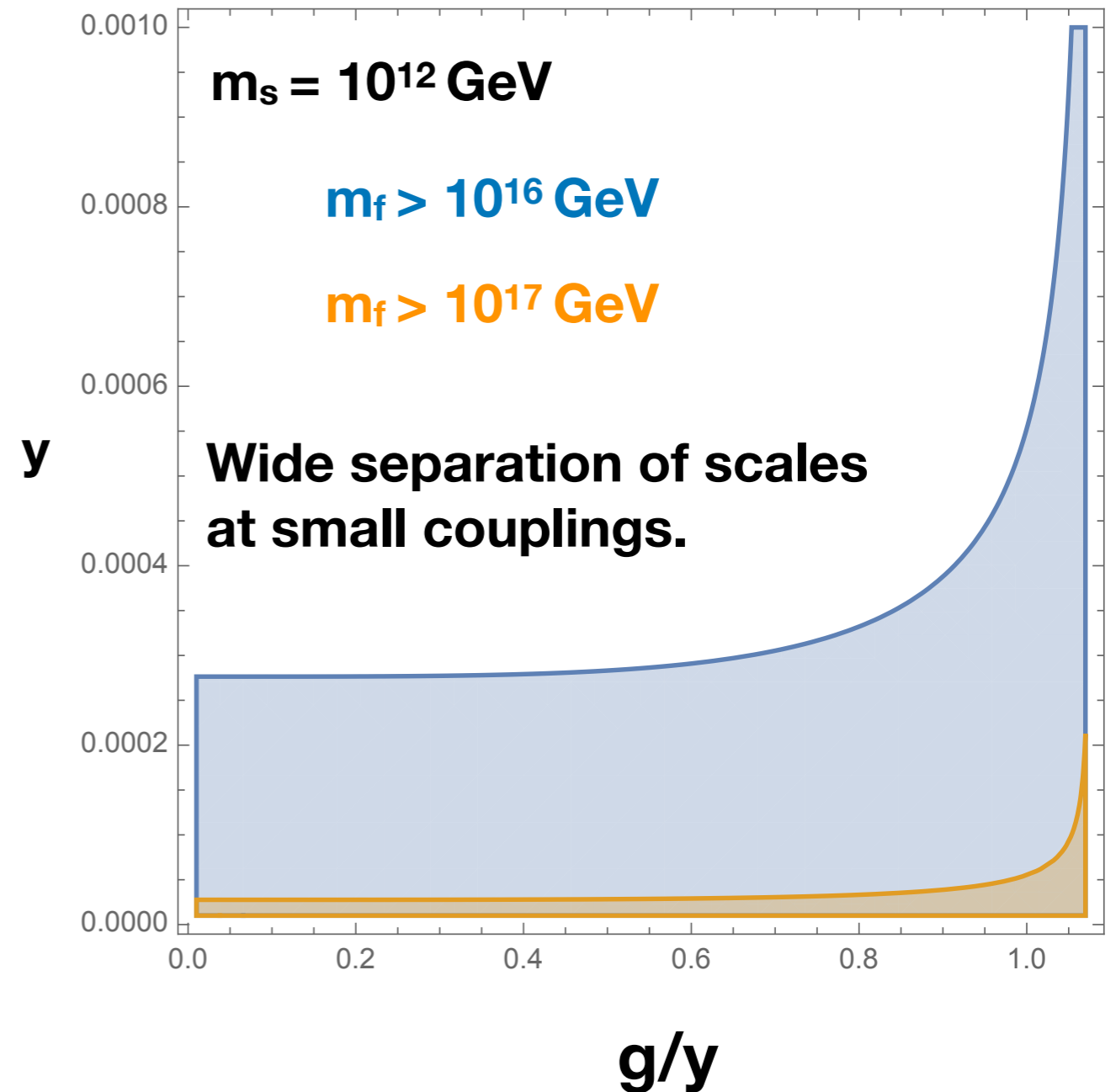
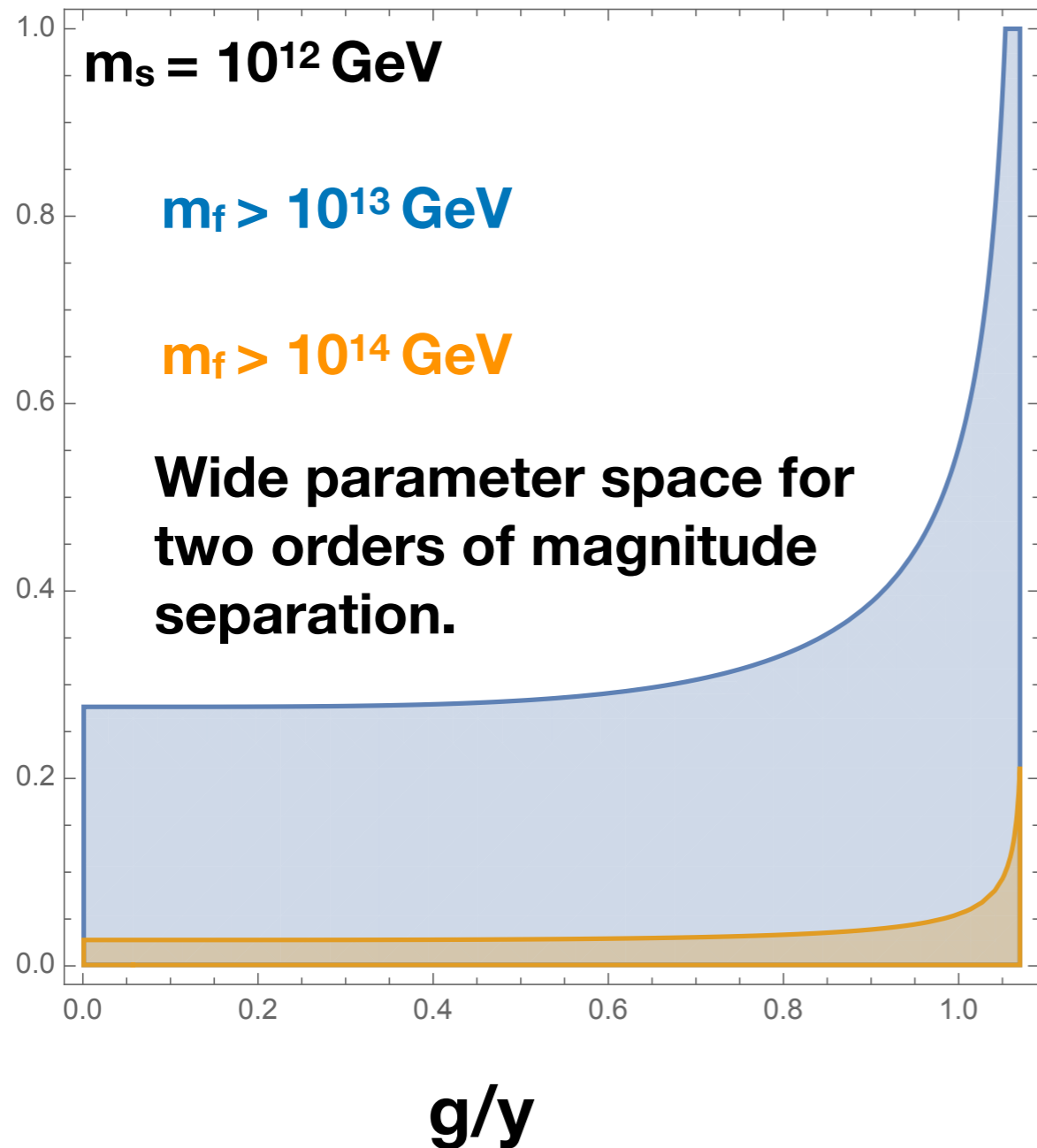

$$V_0(\phi) = \frac{\mu^2}{2} \phi^2$$

$$V_1(\phi) = \frac{\mu^2}{2} \phi^2 - \frac{\lambda_{eff}}{4} \phi^4$$

Loop corrections generate a VEV.

$$\langle \phi \rangle \sim \frac{\mu}{\sqrt{4y^4 - 3g^4}}$$

SHDM from Higgs-like Mechanism

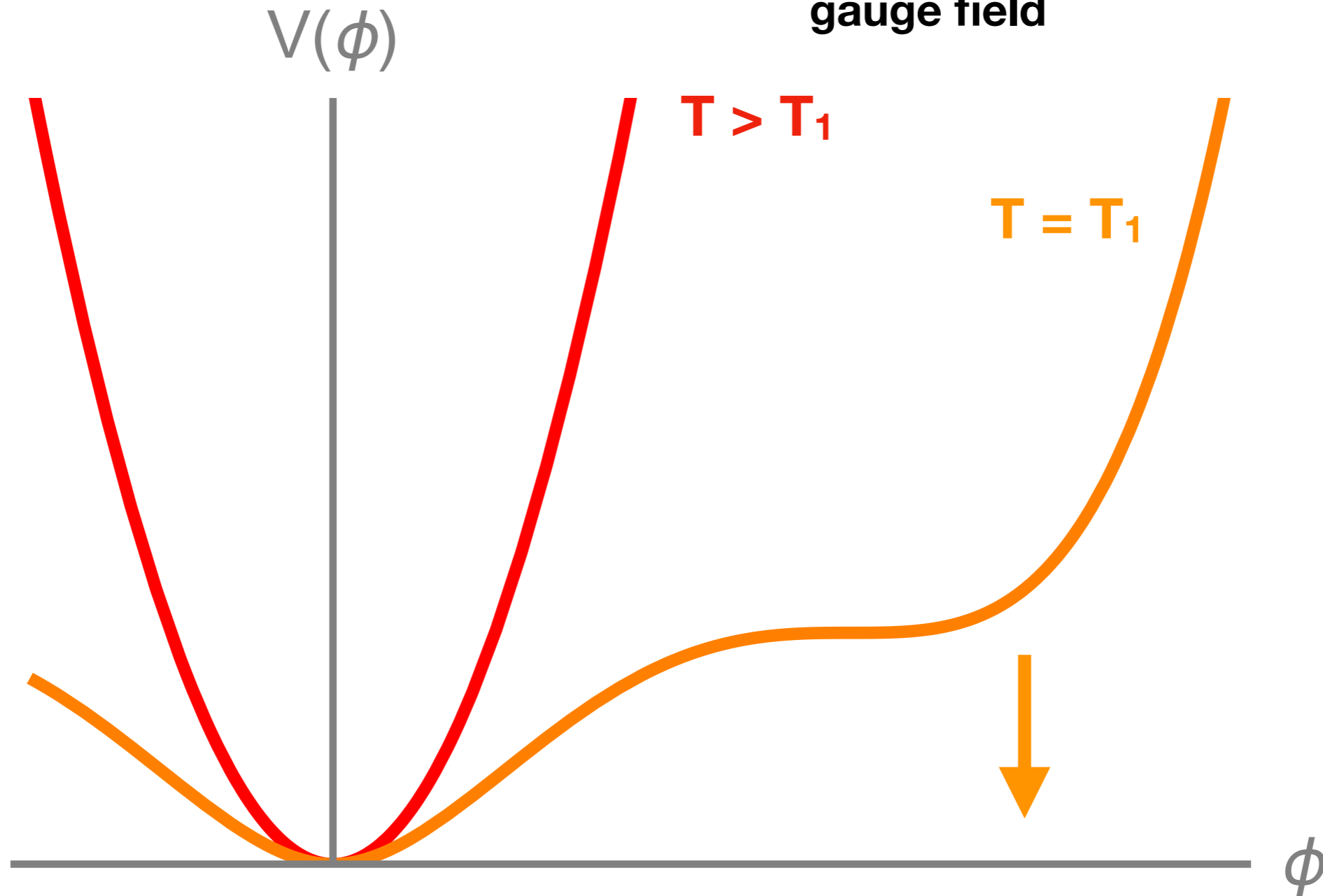


Dark Sector Phase Transitions

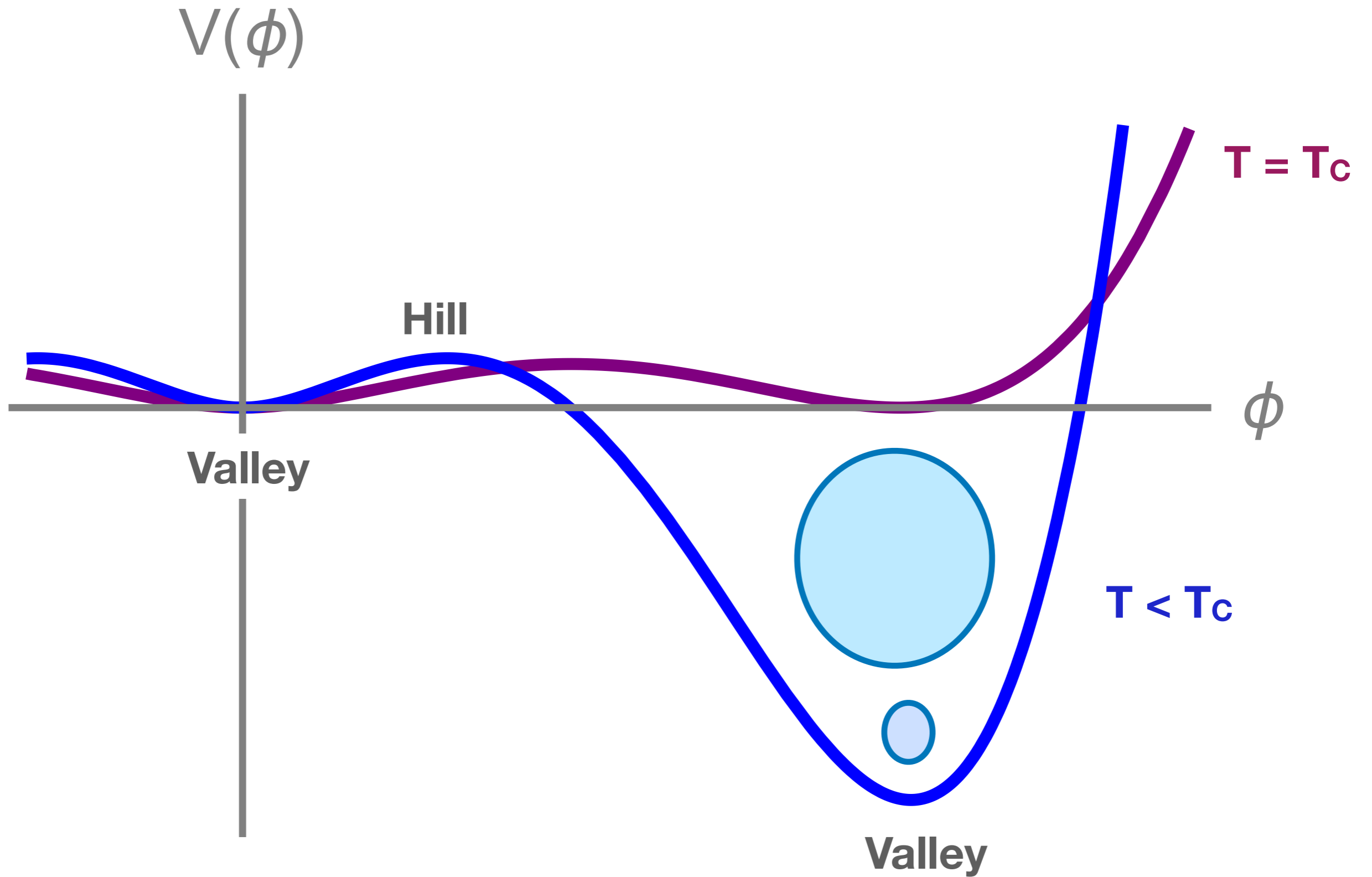
Dark First Order Phase Transitions

$$V(\phi, T) = D(T^2 - T_0^2)\phi^2 - ET\phi^3 + \lambda(T)\phi^4$$

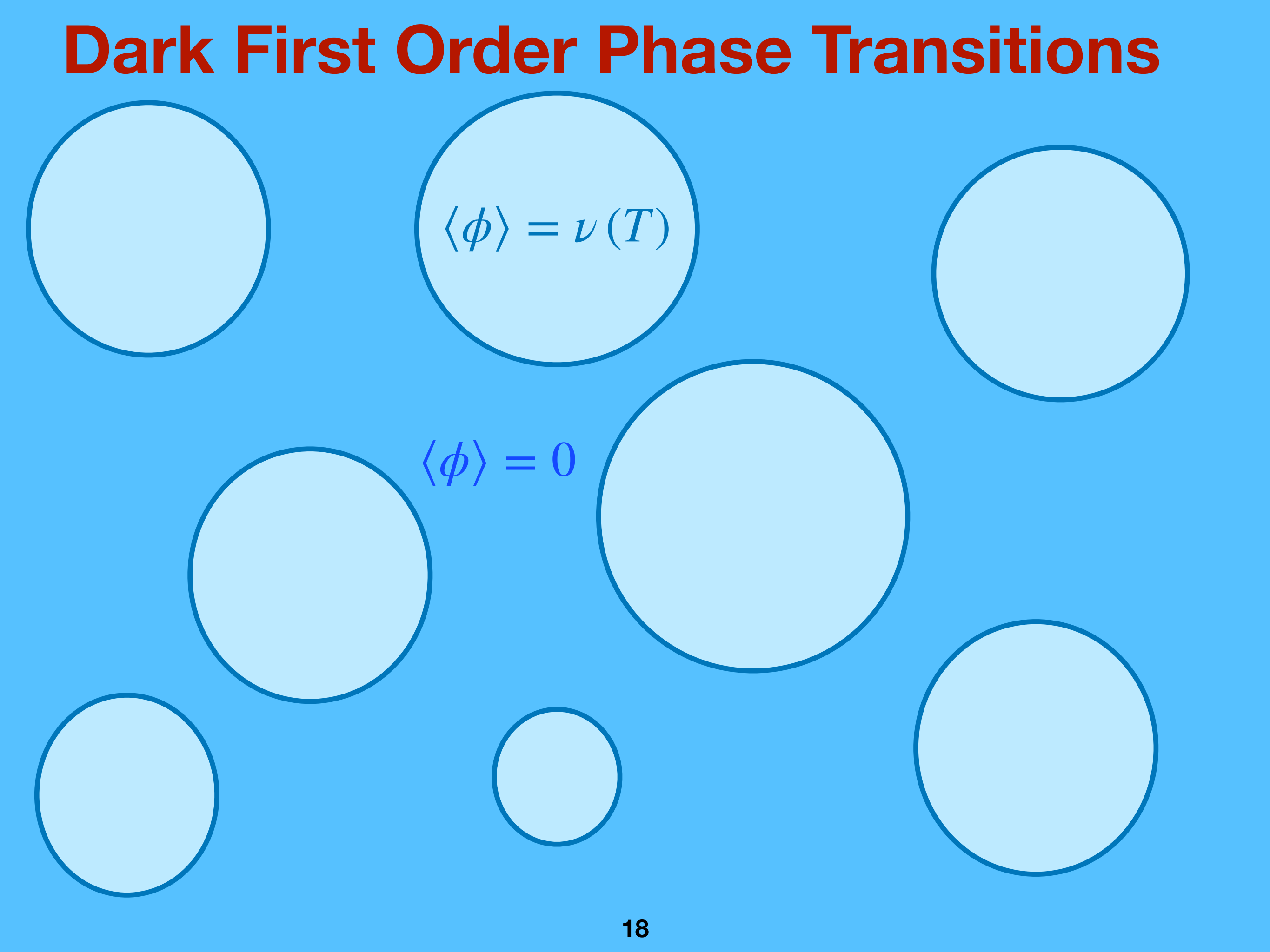
Only from
gauge field



Dark First Order Phase Transitions



Dark First Order Phase Transitions

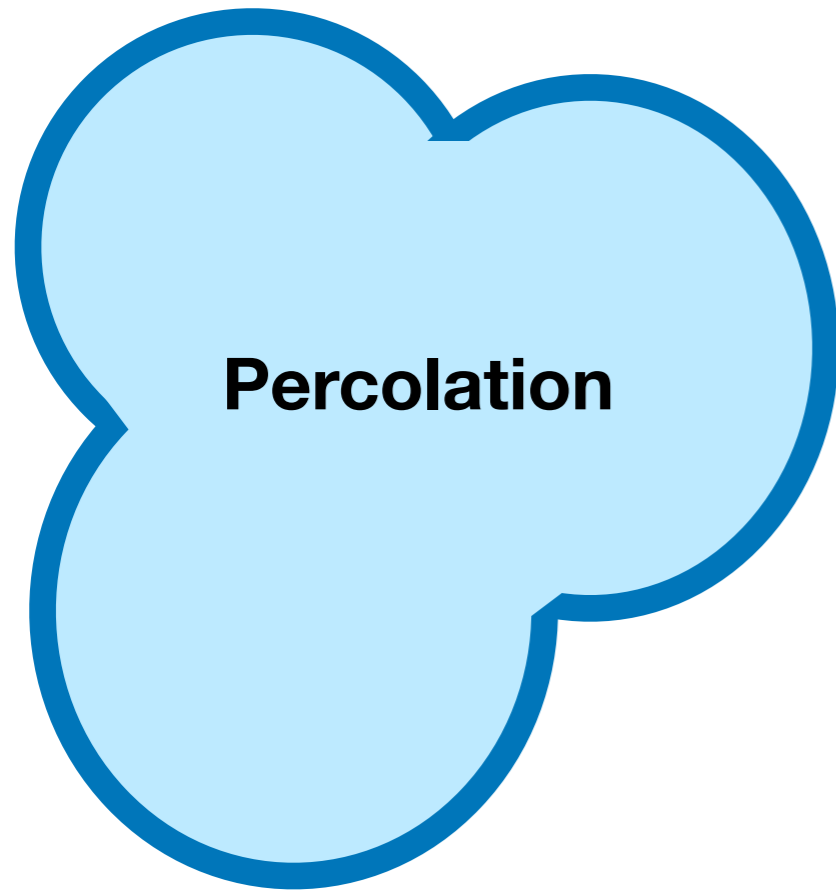


The diagram consists of eight light blue circles of varying sizes arranged on a blue background. The circles are positioned as follows: one large circle at the top left, one large circle at the top center containing the equation $\langle \phi \rangle = \nu(T)$, one large circle at the top right, one large circle at the bottom left, one medium-sized circle at the bottom center containing the equation $\langle \phi \rangle = 0$, one large circle at the bottom right, one small circle at the bottom left, and one small circle at the bottom center.

$$\langle \phi \rangle = \nu(T)$$

$$\langle \phi \rangle = 0$$

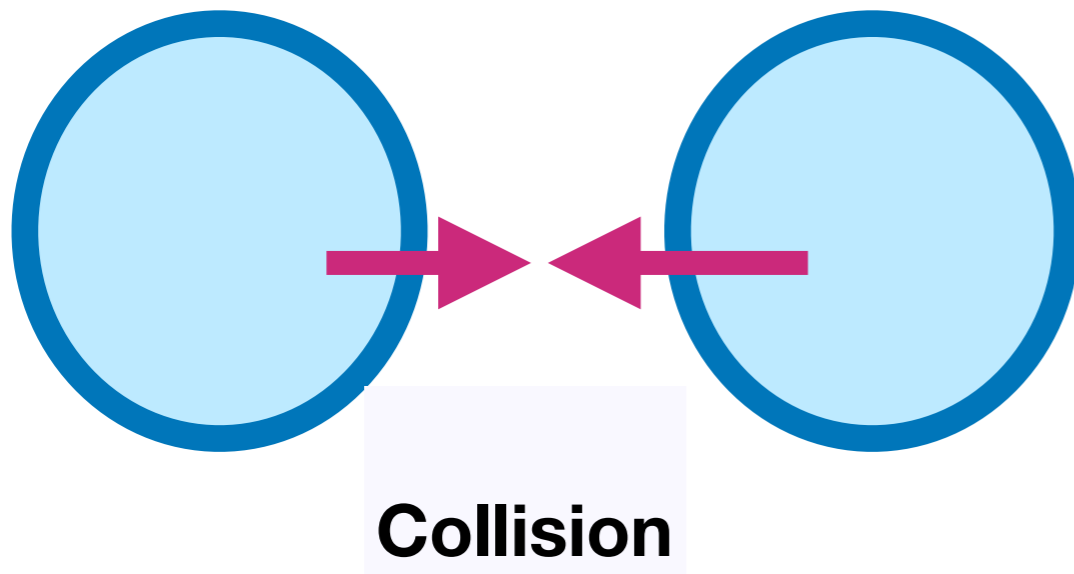
Dark First Order Phase Transitions



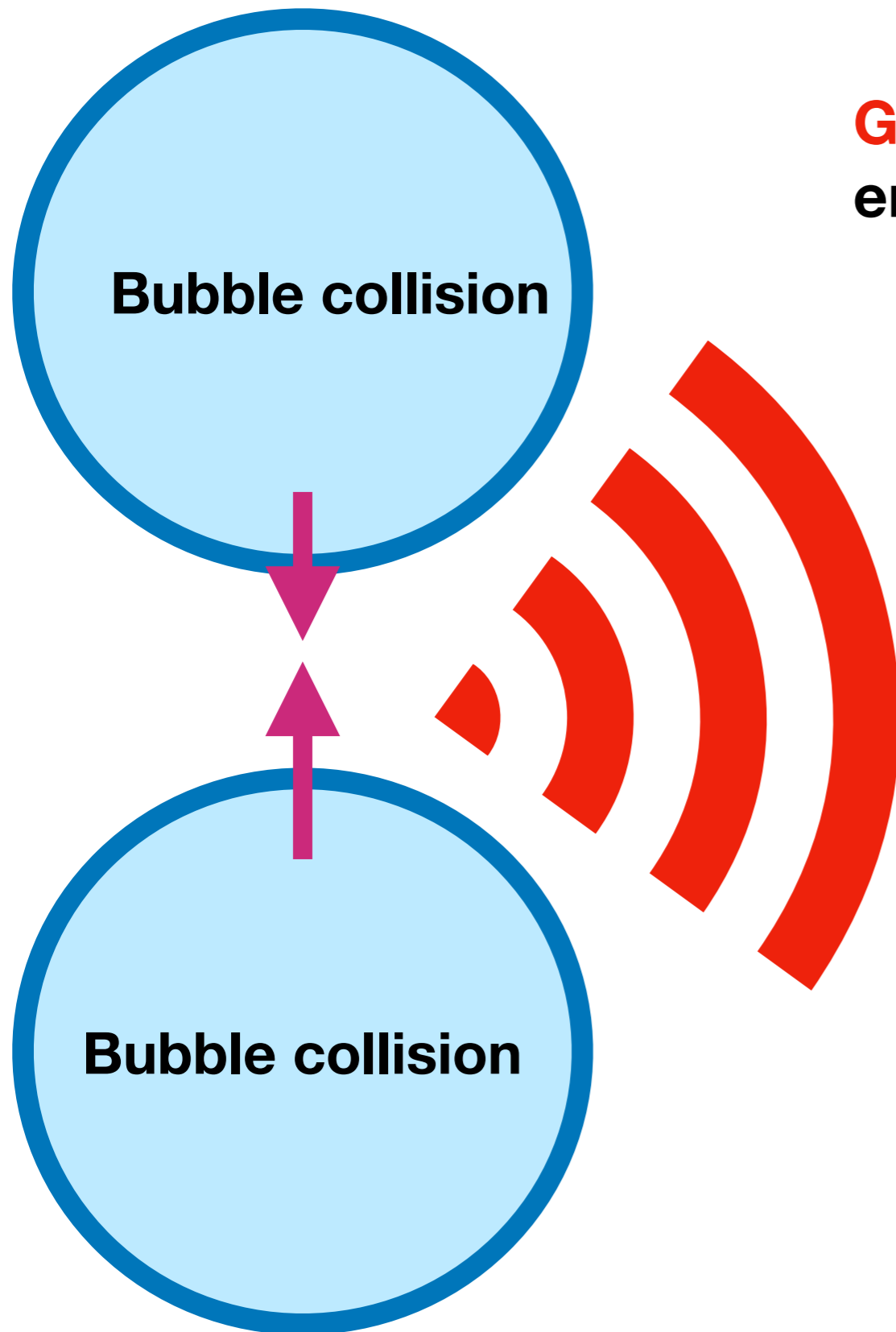
Bubbles grow, collide, and percolate.

**PT to complete
bubble nucleation rate
must be fast compared
to Hubble Expansion.**

**Nucleation temperature T_N :
Temperature when bubble
nucleation rate is one per
Hubble volume.**



Dark First Order Phase Transitions



Gravitational Waves (GW)
emitted from collisions of bubbles.

For PT to complete
bubble nucleation rate
must be fast compared
to Hubble Expansion.

Nucleation temperature T_N :
Temperature when bubble
nucleation rate is one per
Hubble volume.

GW signal strongest T_N .
Spectrum a power law
peaked at T_N .

Gravitational Waves

$$\Omega_{GW}h^2 = \Omega_{SW}h^2 + \Omega_{BC}h^2 + \Omega_{MT}h^2$$

Dominant

Three sources of GW:

BC - Bubble collisions themselves.

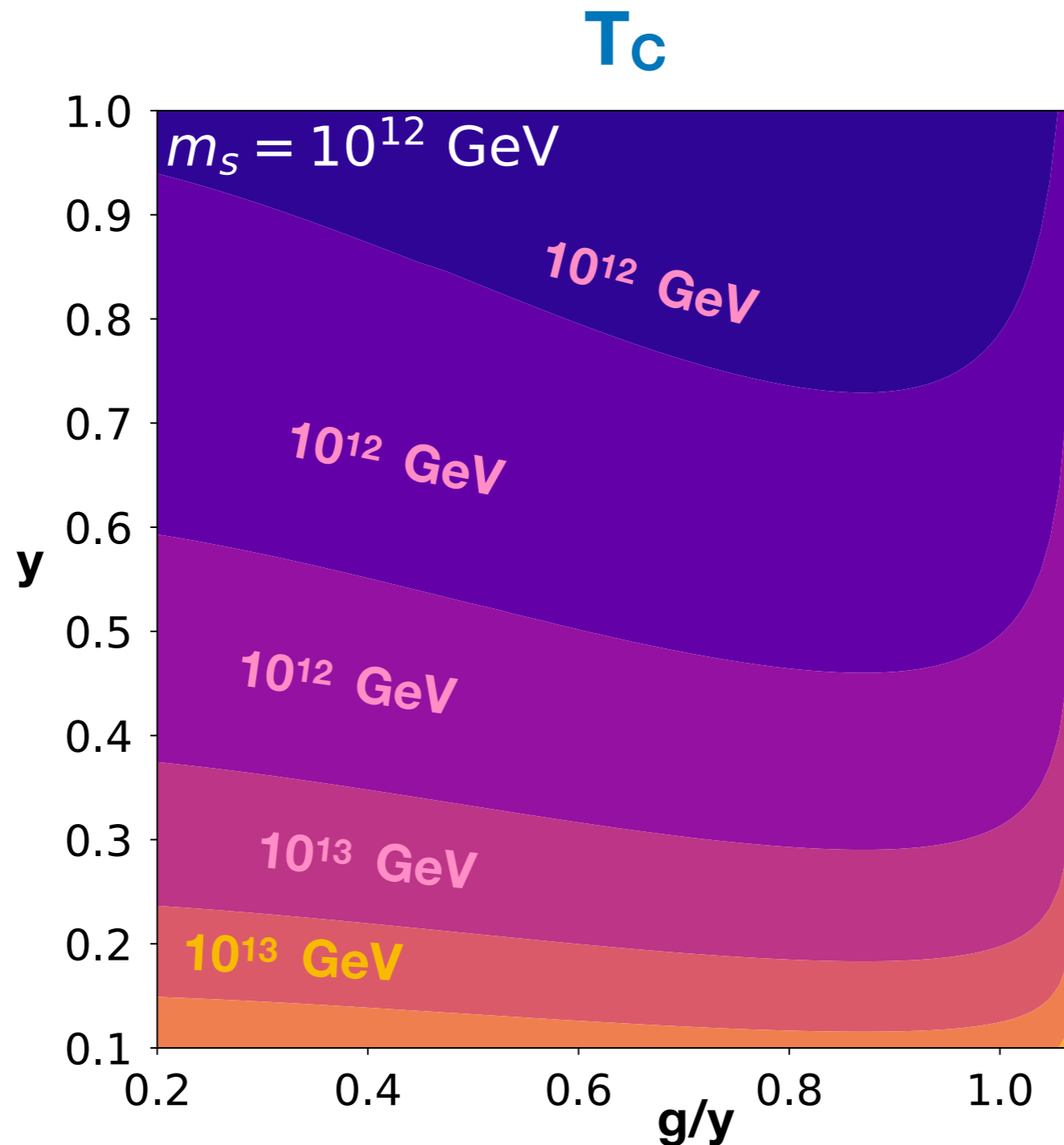
SW - Sound Waves from bubble dumping its energy into the Standard Model plasma.

MT - Magnetohydrodynamical turbulence

Gravitational Waves

$T_c \sim T_N$: Indicates when GWs emitted.

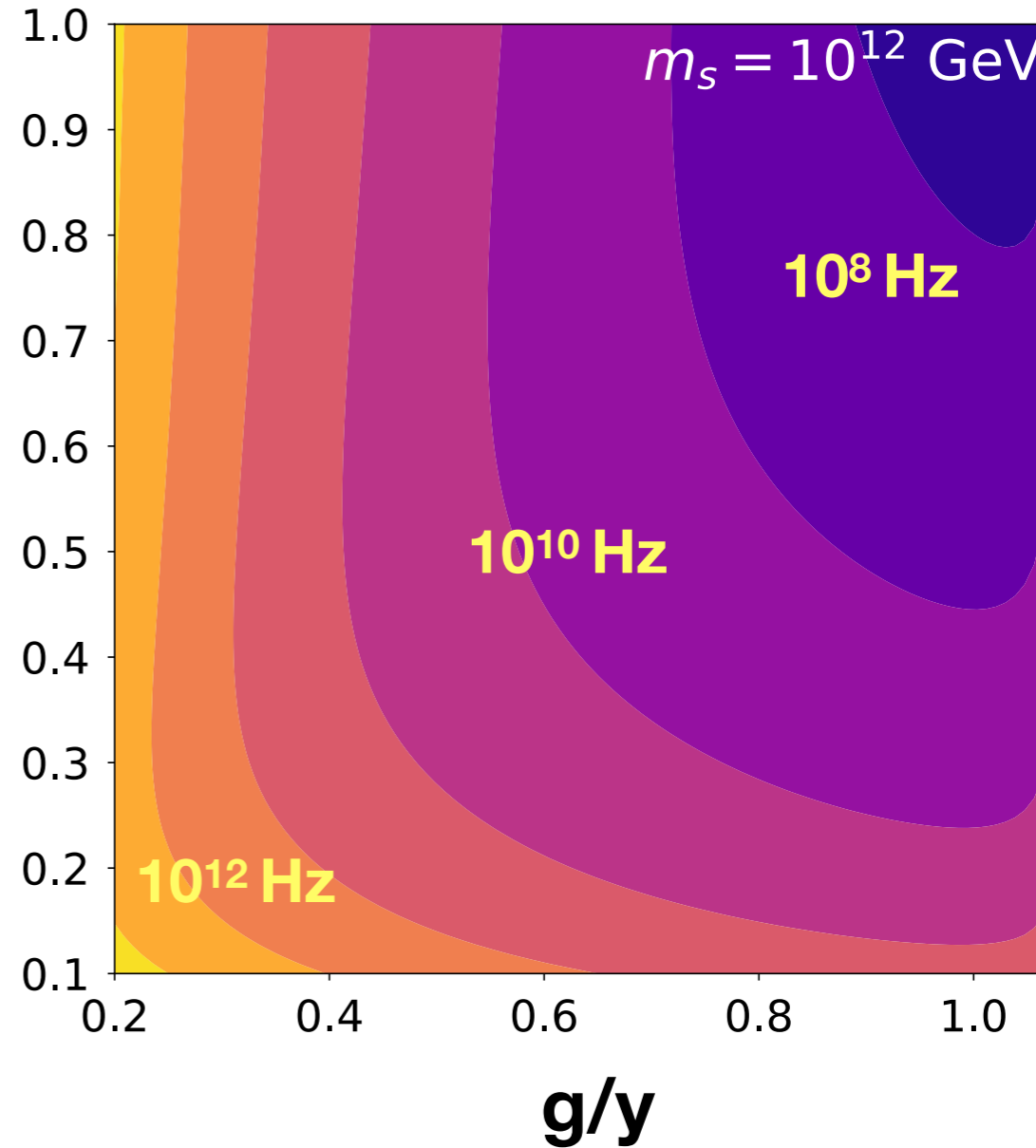
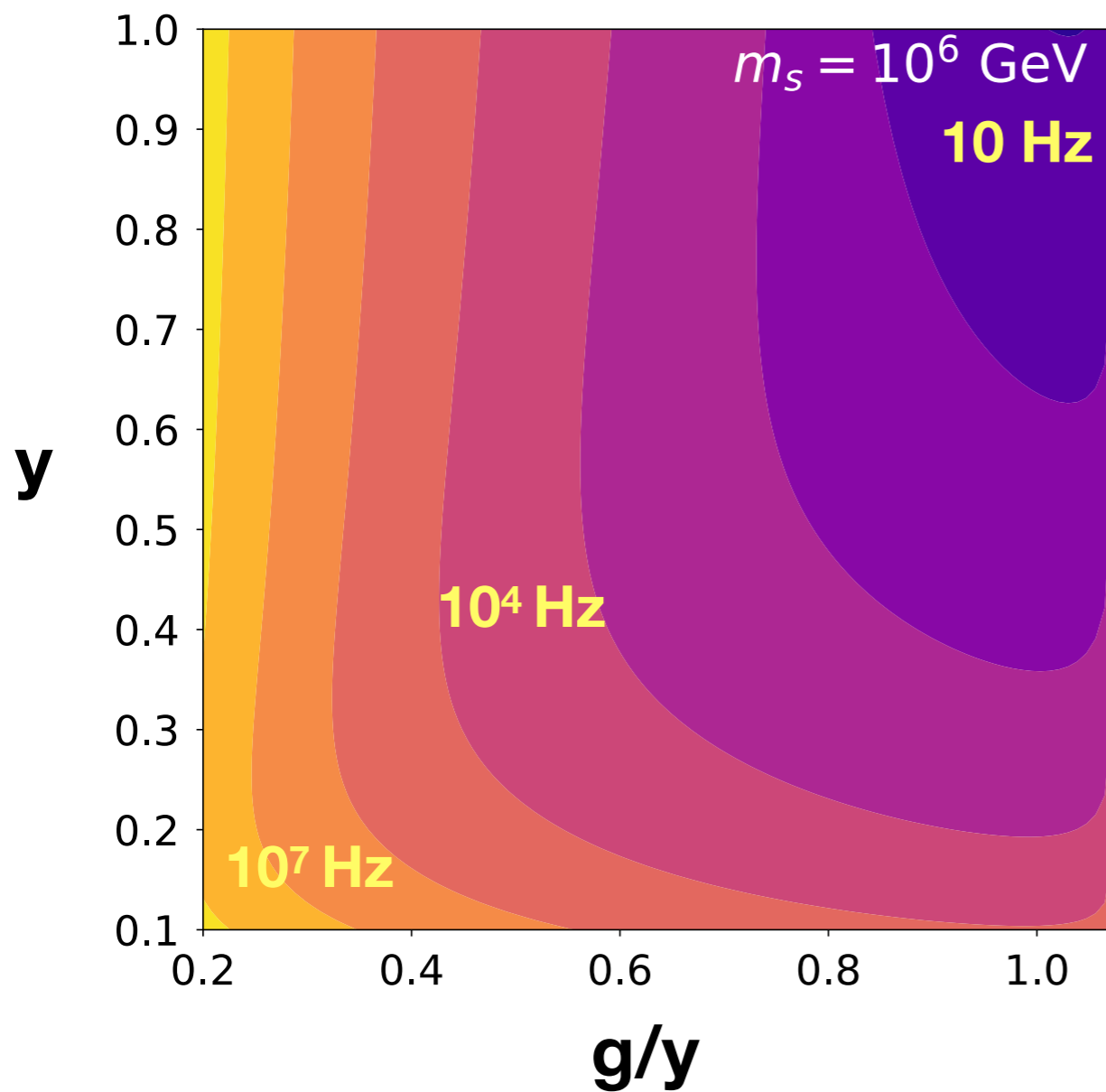
Early GWs are highly redshifted. SHDM induced GWs might be detected at planned future detectors.



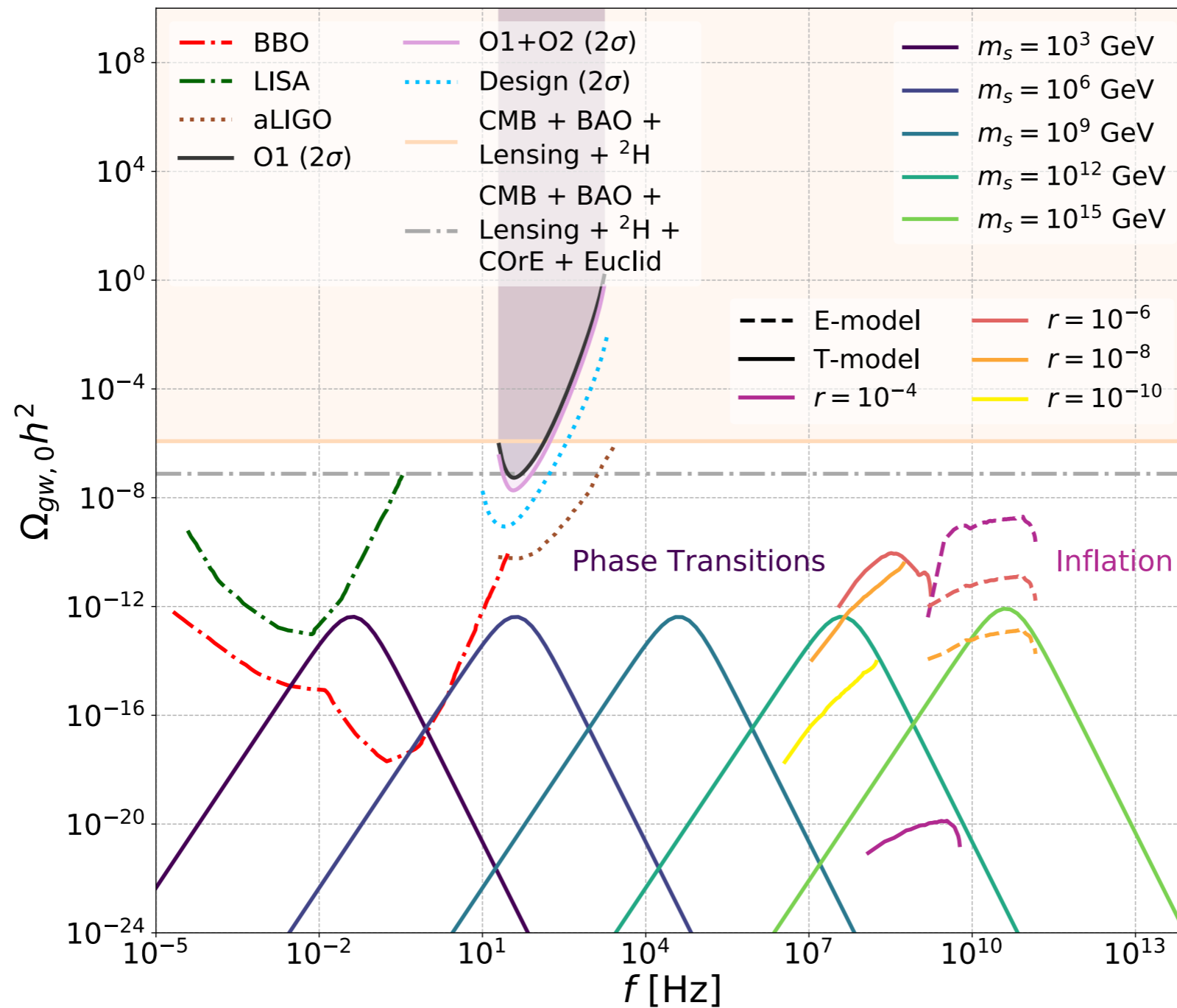
Gravitational Waves



Peak Frequency GW from SHDM



Gravitational Waves



$y = 0.8$
 $g/y = 1.05$

Conclusion

- 1) Possible for dark matter to be a fundamental particle heavier than 10^{14} GeV.**
- 2) Mass boost mechanism an excellent way to achieve right dark matter relic abundance.**
- 3) Superheavy dark matter can be generated through the Higgs Mechanism.**
- 4) Superheavy dark matter can produce gravitational wave signals within reach of future experiments.**
- 5) Gravitational wave detectors offer an exciting new probe of dark sector phase transitions.**