# The decay of the false Skyrmion

by

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- False vacuum decay is an interesting physical phenomena.
- Decay of a super-heated or super-cooled liquid to the gas or solid phase are common examples from tangible physical systems.
- The decay corresponds to quantum tunnelling transition.



### Cartoon of Vacuum Bubble



- The amplitude for such a decay is suppressed by the usual exponential of the classical action:  $e^{-S_E/\hbar}$
- This suppression can be reduced or even removed by the presence of perturbations or disturbances which can seed the transition.
- Such cases are called induced vacuum decay.
- We consider the situation that the false vacuum and the true vacuum correspond to the symmetry broken vacua.
- This can be realized in the Skyrme model.

## Skyrme Model

- The Skyrme model is a non-linear sigma model where the quantum field takes values in a topologically non-trivial target manifold  $\mathcal{M}$ .
- The vacuum corresponds to one point in the target manifold, and finite energy configurations typically achieve the vacuum configuration at spatial infinity.
- This gives the topological compactification of space from  $\mathbb{R}^3 \to S^3$

$$\mathbb{R}^2 \to S^2$$

- Then finite energy configurations correspond to correspond to maps from  $S^3$  or  $S^2$  to the target manifold. These correspond to the homotopy groups:  $\Pi_3(\mathcal{M})$ 
  - $\Pi_{2}\left(\mathcal{M}
    ight)$
- These homotopy groups are quite often nontrivial and the minimum energy configuration in each homotopy class give rise solutions of the equations of motion are called topological solitons.
- These solitons are called Skyrmions.

- It can be physically relevant that the potential energy on the target manifold contains several minima, but one global minimum.
- The local minima are called false vacua while the global minimum is the true vacuum.
- Topological solitons that asymptotically go to one of the false minima are correspondingly called false Skyrmions.
- False Skyrmions are metastable, they can decay quantum mechanically by tunnelling.

- We study this decay in the context of the usual Skyrme model, with rescaling  $f_{\pi}/(4e) 2/(ef_{\pi})$  $\mathcal{L} = \frac{1}{2} \operatorname{Tr} \left[ \partial_{\mu} \mathcal{U}^{\dagger} \partial^{\mu} \mathcal{U} \right] + \frac{1}{16} \operatorname{Tr} \left[ \mathcal{U}^{\dagger} \partial_{\mu} \mathcal{U}, \mathcal{U}^{\dagger} \partial_{\nu} \mathcal{U} \right]^{2}$
- with the added mass term:

$$\mathcal{L}_{\text{mass}} = -\frac{1}{4} \left( m_1^2 \operatorname{Tr} \left[ \mathbb{1} - \mathcal{U} \right] + m_2^2 \operatorname{Tr} \left[ \mathbb{1} - \mathcal{U}^2 \right] \right)$$

•  $\mathcal{U}(\mathbf{x})$  takes values in:  $\mathcal{M} = S^3$ 

$$\Pi_3(S^3) = \mathbb{Z}$$

• The chiral symmetry is:  $SU(2) \times SU(2)$   $(\mathcal{V}, \mathcal{W}) : \mathcal{U} \to \mathcal{V}^{\dagger} \mathcal{U} \mathcal{W}$  • We could add a mass term (potential) of the form  $\mathcal{L}_{mass} = \sum C_k \operatorname{Tr} [\mathcal{U}^k]$ 

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• Then writing

$$\mathcal{U} = e^{i\zeta\hat{\mathbf{n}}\cdot\boldsymbol{\tau}} = \cos\zeta + i\hat{\mathbf{n}}\cdot\boldsymbol{\tau}\sin\zeta$$

- we get  $\mathcal{L}_{\text{mass}} = \sum C_k \cos(k\zeta)$
- which is the Fourier decomposition of an arbitrary potential  $V(\zeta)$ .
- In general, we could add a potential which is an essentially arbitrary function on the target space.
- The only constraint is that the ensuing pion mass be small.

- With  $\mathcal{U} = e^{i\zeta \hat{\mathbf{n}} \cdot \boldsymbol{\tau}} = \cos \zeta + i\hat{\mathbf{n}} \cdot \boldsymbol{\tau} \sin \zeta$
- The potential becomes:

$$V(\zeta) = m_1^2 \sin^2 \zeta / 2 + m_2^2 \sin^2 \zeta$$

- The global minium is at  $\zeta = 0$  with energy 0, while a false minimum appears at  $\zeta = \pi$  with energy  $m_1^2$ .
- The Skyrmion field is obtained via the ansatz,  $\mathcal{U}=e^{if(r)\hat{\mathbf{n}}(\hat{\mathbf{x}})\cdot\boldsymbol{\tau}}$
- and the ensuing equation for f(r)  $f(0) = 2\pi$ ,  $f(\infty) = \pi$   $\left(r^2 + 2B\sin^2 f\right) f'' + 2f'r +$  $+\sin 2f\left(B\left(f'^2 - 1\right) - \frac{\mathcal{I}\sin^2 f}{r^2}\right) - \frac{r^2}{2}\frac{\partial V}{\partial f} = 0$

Here n̂(x̂) is a mapping from S<sup>2</sup> → S<sup>2</sup> a so-called rational map and the winding number of the map corresponds to the baryon number of the Skyrmion, and *I* is an integral that only depends on the rational map and approximately *I* ≈ 1.28*B*<sup>2</sup>.

• Previous work has given the expectation of thin wall solitons. In this case, we expect the energy to behave like

$$E = \alpha R^2 + \frac{\beta}{R} - \frac{1}{9\pi} \epsilon R^3$$

• We find numerically, thin wall solitons for large baryon number:



• The energy density is localized on the wall:



#### Baryon number density



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Effective dynamics of the radius

• The energy of the thin wall Skyrmion separates into three contributions:

$$E(R) = \int_{0}^{R-\Delta} dr\mathcal{E} + \int_{R-\Delta}^{R+\Delta} dr\mathcal{E} + \int_{R+\Delta}^{\infty} dr\mathcal{E}$$
$$= E_{\text{int}} + E_{\text{wall}} + E_{\text{ext}}$$

• One can approximate them easily as  $E_{\text{int}} = -\frac{1}{9\pi} (R - \Delta)^3 \epsilon = -\frac{1}{9\pi} R^3 \epsilon \left( 1 + \mathcal{O}\left(\frac{\Delta}{R}\right) \right)$ 

$$E_{\text{wall}} = \frac{2}{3\pi} \int_0^{\pi} df \sqrt{\left(2B\sin^2 f + \frac{\mathcal{I}\sin^4 f}{R^2} + R^2V\right)} \\ \times \sqrt{(R^2 + 2B\sin^2 f)},$$

$$E_{\rm ext} = 0$$

• This gives the form of the effective energy functional:

$$E = \alpha R^2 + \frac{\beta}{R} - \frac{1}{9\pi} \epsilon R^3$$



Tunnelling decay of the false Skyrmion

- The Skyrmion decays by its radius increasing by quantum tunnelling out through the barrier.
- We calculate the amplitude via the Euclidean path integral and the method of instantons.

The Theory and Applications of Instanton Calculations

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- The euclidean action is given by just two terms, the exterior contribution still vanishes:  $S_{int}^E = \int d\tau E_{int}$  $S_{wall}^E \approx \frac{1}{3\pi} \int d\tau dr \left[ R^2 (\dot{f}^2 + f'^2) \left( 1 + 2B \sin^2 f \right) + \left( 2BR^2 \sin^2 f + \mathcal{I} \frac{\sin^4 f}{R^2} + R^2 V(f) \right) \right]$
- One easily finds, through some tricks and techniques that are now not new:

$$S_{\text{sky}}^{E} = \int d\tau L_{E} = \int_{R_{0}}^{R_{1}} \frac{dR}{\dot{R}} \left(\frac{E_{\text{wall}}}{\gamma^{E}} + E_{\text{int}}\right)$$
  
with  $\gamma^{E} = \left(1 + \dot{R}^{2}\right)^{-1/2}$ 

• Euclidean time translation invariance yields:

$$\gamma^{E} E_{\text{wall}} + E_{\text{int}} \equiv E_{0}$$

$$\gamma^{E} = -\frac{E_{\text{int}} - E_{0}}{E_{\text{wall}}}$$

• which then allows us to isolate:

$$\dot{R} = \sqrt{\left(\frac{E_{\text{wall}}}{E_{\text{int}} - E_0}\right)^2 - 1}$$

• Then the tunnelling exponent will be given by the difference:

$$\hat{S}_{\text{sky}}^{E} \equiv S_{\text{sky}}^{E} \big|_{R(\tau)_{\text{instanton}}} - S_{\text{sky}}^{E} \big|_{R_{0}} \\
= \int_{R_{0}}^{R_{1}} \frac{dR}{\dot{R}} \left( \frac{E_{\text{wall}}}{\gamma^{E}} + E_{\text{int}} - E_{0} \right)$$

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$$\tilde{S}_{sky}^{E} = -\int_{R_0}^{R_1} dR \left(E_{int} - E_0\right) \sqrt{\left(\frac{E_{wall}}{E_{int} - E_0}\right)^2 - 1}$$

• We can compute this analytically in the approximation that the tunnelling to radius is much larger than the static metastable radius and keeping only the leading powers of R. This gives:

$$E_{\text{int}} - E_0 \approx E_{\text{int}} = -\frac{1}{3\pi} \frac{\epsilon}{3} R^3$$
$$E_{\text{wall}} \approx \frac{R^2}{3\pi} \int_0^\pi dr_p \left( f'^2 + V(f) \right) \equiv \frac{R^2}{3\pi} \sigma$$

• with  $\sigma \equiv \int_{0}^{\pi} dr \left( f'^{2} + V(f) \right) \approx 2 \int_{0}^{\pi} dr f'^{2}$   $= 2 \int_{0}^{\pi} df \sqrt{V(f)} = 4m_{2} + \mathcal{O}\left(\frac{m_{1}^{2}}{m_{2}^{2}}\right)$  • Then the action for the instanton is:

$$\tilde{S}_{\text{sky}}^{E} \approx -\int_{0}^{R_{1}} dR E_{\text{int}} \sqrt{\left(\frac{E_{\text{wall}}}{E_{\text{int}}}\right)^{2} - 1}$$
$$= \frac{\epsilon}{144} R_{1}^{4}$$

- We determine  $R_1$  from  $\dot{R}|_{R=R_1} = 0$  which gives  $\dot{R} = \sqrt{\left(\frac{\sigma R^2}{(\epsilon/3)R^3} - 1\right)^2} = 0$
- with solution  $R_1 = 3\sigma/\epsilon$
- Then we find:

$$\tilde{S}_{sky}^{E} = \frac{\epsilon}{144} R_{1}^{4} = \frac{9\sigma^{4}}{16\epsilon^{3}} \equiv 144 \frac{m_{2}^{4}}{m_{1}^{6}}$$

# Tunnelling amplitude

- The instanton method gives: Γ = A'L<sup>(#zero modes-1)</sup> ( <sup>S<sup>E</sup></sup>/<sub>2π</sub>)<sup>(#zero modes)/2</sup> e<sup>-S<sup>E</sup></sup>
   Comparing then with the simple (Skyrmion
- less) false vacuum decay, we have:

$$\frac{\Gamma^{\text{vac}}}{\Gamma^{\text{sky}}} = \frac{VA'^{\text{vac}} \left(\frac{\tilde{S}_{\text{vac}}^{E}}{2\pi}\right)^{4/2} \exp\left(-\tilde{S}_{\text{vac}}^{E}\right)}{\mathcal{N}A'^{\text{sky}} \left(\frac{\tilde{S}_{\text{sky}}^{E}}{2\pi}\right)^{1/2} \exp\left(-\tilde{S}_{\text{sky}}^{E}\right)} \\
= \frac{\sqrt{2}A'^{\text{vac}}}{(\mathcal{N}/V)A'^{\text{sky}}} \left(\frac{\tilde{S}_{\text{vac}}^{E}}{2\pi}\right)^{3/2} \exp\left(-\frac{\tilde{S}_{\text{vac}}^{E}}{2}\right)$$

using  $\tilde{S}^{E}_{\rm sky} = \tilde{S}^{E}_{\rm vac}/2 = 48m_2^4/m_1^6$ 

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## Conclusions

- The induced decay rate can be substantially higher than the homogeneous false vacuum decay rate.
- The thin wall limit can be analytically computed.
- Skyrmions appear in particle (nuclear) physics but also condensed matter physics.
   Concrete examples of vacuum decay due to Skyrmions should be experimentally accessible.